

Family Support Newcastle and Gan Gan Family Centre presents

The Celebrating Parent

Stresses less & laughs more

For all who want to improve their life and relationships



Two hour workshop includes:
3 basic rules for getting through the stress of Christmas
Ideas sharing-planning for happiness, peace and joy

Supper provided

When: November 29th

Time: Wednesday 12-2.30 pm

Where: Gan Gan Family Centre
Anna Bay School.



FREE CHILDREN'S GROUP AVAILABLE ON PREMISES

To make a booking or for further inquiries please call
Jacqui on 4982 1767



Family Support Newcastle
your family, our community



The Men and Family Relationships Project is funded by the Australian Government
and auspiced by Family Support Newcastle.