

Max from Family Support Newcastle with Thou-Walla invite mums, dads and others who have a role in raising children...

Families

And their relationships

For all parents who want to improve their relationships

Four hour workshop covers:

- Looking after yourself
- Emotions & relationships
- What your child/partner needs
- Being at your best when trouble arrives
- Love Languages
- Better communication



August 30th

Wednesday 10-2.30

Light lunch provided

Thou-Walla Schools as Community Centre

Irrawang Public School Geer Street, Raymond Terrace

Free children's group available on premises

To make a booking or for further inquiries

Please call Gina on 4987 4666



Family Support Newcastle
your family, our community

The Men and Family Relationships Project is funded by the Australian Government and auspiced by Family Support Newcastle.

