

Max from Family Support Newcastle, invites mums, dads & others who have a role in raising children, to a 4 x hour workshop:

The Positive Parent

For all parents who want more fun, love and understanding in their relationships

Topics:

- Looking after yourself
- Emotions & relationships
- What your child/partner needs
- Being at your best when trouble arrives
- Love Languages & better communication



When: March 20th

Time: Tuesday 10.00am-2.30pm

Light lunch provided

Where: Thou-Walla Schools as Community Centre
Irrawang Public School
Geer Street, Raymond Terrace

FREE CHILDREN'S GROUP AVAILABLE ON PREMISES

To make a booking or for further inquiries
please call Gina on **4987 4666**



Family Support Newcastle
your family, our community



The Men and Family Relationships Project is funded by the Australian Government and auspiced by Family Support Newcastle.

